

National Pediatric/Adolescent Mental Health Providers

Note: The below list of providers is complimentary to our extensive traditional network of mental health providers that provide care for members under 18. This list of providers should be used in addition to the provider directory on Aetna Health or contacting Member Services.

	Services provided	Ages supported	Conditions treated	Availability
Alma	Therapy and Medication management	5+	Anxiety, Child/Adolescent, Depression, Serious Mental Illness (SMI), Stress, Substance/Alcohol Use	Nationwide
Array	Therapy and Medication management	5+	Anxiety, Child/Adolescent, Depression, Serious Mental Illness (SMI), Stress, Substance/Alcohol Use	Nationwide
Brave	Therapy and Medication management	13+	SMI and Maternal Mental Health with peer support	Available in AZ, FL, GA, IL, KY, NY, NC, TX
Brightside	Therapy and Medication management	13+	Anxiety, Depression, Serious Mental Illness (SMI), Stress, Substance/Alcohol Use	Nationwide
Charlie Health	Therapy and Medication management	12 to 34	Anxiety, Depression, Stress, Substance/Alcohol Use	Available in AZ, CA, CO, DE, FL, GA, ID, IL, IN, IA, MD, MI, MT, NV, NH, NJ, NY, NC, OH, OR, PA, SC, TN, TX, UT, VA, WA, WI, WY
Didi Hirsch	Therapy and Medication management	All ages	Available to members struggling with suicide risk who live in the Los Angeles, CA/Orange county area.	Available in CA
Equip	Therapy and Medication management	4 to 26	Eating Disorder	Nationwide

	Services provided	Ages supported	Conditions treated	Availability
Grow Therapy	Therapy and Medication management	6+	In-person and virtual care for Anxiety, Depression, Serious Mental Illness (SMI), Stress, Substance/Alcohol Use	Nationwide
Headway	Therapy and Medication management	2+	Anxiety, Depression, Serious Mental Illness (SMI), Stress, Substance/Alcohol Use	Nationwide
Hopscotch	Therapy only	3 to 26	Anxiety, Depression, Serious Mental Illness (SMI), Stress, Substance/Alcohol Use	Available in AL, CA, DE, FL, GA, NJ, NY, NC, OH, PA, TX WV
Mindpath	Therapy and Medication management	All ages	Anxiety, Depression, Serious Mental Illness (SMI), Stress, Substance/Alcohol Use	Available in AZ, CA, FL, MN, NC, SC, TX
NOCD	Therapy and Medication management	All ages	Obsessive-Compulsive Disorder (OCD)	Nationwide
Rula	Therapy and Medication management	5+	Anxiety, Depression, Trauma and PTSD, ADHD, Relationship Issues	Nationwide
Talkiatry	Therapy and Medication management	5+	Anxiety, Depression, Serious Mental Illness (SMI), Stress, Substance/Alcohol Use	Nationwide
Talkspace	Therapy and Medication management	5+	Anxiety, Child/Adolescent, Depression, Eating Disorder, Obsessive-Compulsive Disorder (OCD), Stress, Substance/Alcohol Use, Suicide Risk, Serious Mental Illness (SMI), Life Adjustments, Stress, Relationships	Nationwide
Teladoc	Therapy and Medication management	13+	Anxiety, Depression, Serious Mental Illness (SMI), Stress, Substance/Alcohol Use	Nationwide
Telemynd	Therapy and Medication management	5+	Anxiety, Child/Adolescent, Depression, Eating Disorder, Obsessive-Compulsive Disorder (OCD), Stress, Substance/Alcohol Use, Suicide Risk, Serious Mental Illness (SMI), Life Adjustments, Stress, Relationships	Nationwide

	Services provided	Ages supported	Conditions treated	Availability
UpLift	Therapy and Medication management	13+	In-person and virtual care for Anxiety, Depression, Serious Mental Illness (SMI), Stress, Substance/Alcohol Use	Available in CA, FL, IL, MD, NJ, NY, PA, TX, VA, DC
Valera Health	Therapy and Medication management	6+	Anxiety, Depression, Serious Mental Illness (SMI), Stress	Available in AZ, CT, FL, ID, IL, MA, NJ, NY, OR, VT, WA
Vita Health	Therapy only	12+	Members struggling with suicide risk	Available in AL, AZ, AR, CA, CO, CT, DE, FL, GA, ID, IN, IL, KS, KY, LA, MD, MA, MI, ME, MN, MO, NC, ND, NE, NH, NJ, NM, NV, NY, OH, OK, PA, RI, SC, TN, TX, UT, VA, WA, WI, WV, DC